



# FLORHAM PARK SENIOR CITIZENS CLUB NEWSLETTER



## PRESIDENT'S MESSAGE

As the summer winds down and the weather turns cooler, it's time to consider our Fall activities for Seniors. Over the next couple of months, we have several new events and trips planned, in addition to our favorite exercise and bingo programs starting up again.

Our annual Fall picnic will be on Wednesday, September 11th. All Florham Park Seniors are welcome to attend the picnic, which will be held under the pavilion at the Community Center. In case of inclement weather, the event will be moved indoors. A registration form is included in the newsletter.

In addition to the Senior Chair Exercise and Qi Gong programs, a new Senior Chair Yoga program will start in September. Dates and times for these exercise programs are noted on the included sign-up forms.

The Healthy Bones exercise program will continue to be held on Wednesday afternoons, unless cancelled in advance. Registration and medical release forms can be obtained from Maria Inserra.

The Recreation Department will be sponsoring three trips for residents this Fall. Flyers can be picked up at the Senior or Community Centers. Please drop off the registration forms at the Community Center.

Also, the state's Senior Freeze property tax program has significantly increased the maximum income limit from \$99,735 to \$150,000. Many more seniors will now be eligible for property tax reimbursements. Information is included in the newsletter. Forms are due by October 31st.

A big "Thank You" goes out to Police Chief Orlando, his officers and staff for arranging a great barbecue for Seniors this summer.

Hope to see you at our many Club activities this Fall!

*Paul*

## Trips Planned Through the Recreation Department

Trip flyers are available at the Senior & Community Centers. Please call Tammy (973-410-5390) with any questions.



- A nostalgic production of GREASE will be presented at the Bucks County Playhouse, Wednesday, September 4th, \$140 per resident. Lunch is included.
- Join us for an Oktoberfest Show at the Shore Club in Spring Lake, Tuesday, October 8th, \$104 per resident. Enjoy a day of food, music, dancing, entertainment and comedy.
- Hunterdon Hills Playhouse presents "A Playhouse Christmas" with holiday songs and a dancing extravaganza on Thursday, December 12th. Lunch is served before the show including a huge assortment of delicious desserts. Cost is \$114 per resident.



**Ice Cream Social** - What a fun and cool way to spend a summer afternoon! Aided by our local Girl Scouts, volunteers served over 40 members with delightful choices of ice cream and assorted toppings.

## UPCOMING EVENTS

### Executive Committee Officers

Paul Chase - President

973-822-0031

Angela DeLorenzo - Vice President

973-377-4996

Rosemary Schumacher - Treasurer

973-822-0559

Christine Davidson - Secretary

973-377-3713

### Committee Members

Lorraine Boyd - At large

Carl Bronfman - At-large

Eileen Cerrato - Telephone Tree & Good & Welfare

Pat Chase - Newsletter

Angela DeLorenzo - Publicity

Joelyn Hoferer - Seniors Helping Seniors

Annemarie Landishman - Hospitality

Bob McCoy - At-large

Carol Padden - Membership

### Senior Center

Diane Guido - Site Supervisor

Phone: 973-520-8984

**Membership Meetings** - Meetings are held on the second and fourth Wednesdays of the month at 11 a.m. at the FP Community Center.

- **September 11th - Senior Fall Picnic.** Open to all Florham Park senior residents. A hot catered meal will be served. The registration form is included in this newsletter. Please volunteer to help serve or clean-up afterwards. Music by Steve Brozyna.
- **September 25th - Candy Nelson** will entertain us with uplifting and interactive music. Finger sandwiches will be served. Sponsored by Delaney at the Green and HomeWatch Care Givers.
- **October 9th - Patrice Visco**, FP CFO & Tax Collector, will provide information on the NJ Senior Freeze Program as well as the Florham Park budget. Pizza will be served.
- **October 16th - An Autumn Fest Social** will be held at the *Senior Center* from 11 a.m. to 12:30 p.m. Please note the change in venue. Cider and donuts will be provided by OASIS Advisors.
- **October 23rd -** Accordionist, **Eric Kerssen**, will perform songs celebrating Oktoberfest. Hot dogs and root beer will be served.
- **November 13th -** The **Pequannock Health Dept.** will inform us on how to keep our home & car safe, and ourselves healthy during the winter months. Bagels will be served.

**Bingo** - Every Tuesday at 1:00 p.m. at the Senior Center beginning September 10th.

**Movies** - Every Friday at 1:30 p.m. beginning September 6th.

**Senior Chair Exercise, Qi Gong, Senior Chair Yoga** are fitness and healthy life-style programs which are open to all senior residents. Please complete the forms included in this newsletter to register.

### PROJECT

#### HEALTHY BONES



The program provides exercise and education to encourage a more bone-healthy lifestyle.

The class meets every Wednesday (unless cancelled in advance) from 1:30 p.m. to 3:00 p.m. at the Senior Center. Participants will receive a 52-page participant manual for a one-time fee of \$10.

The registration form and a medical approval to exercise form can be picked up at the Senior Center.

Please contact peer leader Maria Inserra at 973-377-6366 for more information.

### Thank You For The Painting

A beautiful oil painting, which graces our community room, was donated by the Prokop family. It was given in honor of Michael Prokop, a former member, who passed away in June of 2023.

### In Memoriam

We honor the passing of:

Jerome Kelly,

Joan Metro &

Louise Picone



### The Senior Center

will be closed on:

**September 2nd**

**&**

**October 14th**



### Keep In Touch

If you can't make our meetings or visit the Senior Center, please stay in touch by calling Eileen Cerrato at 973-822-2296. She is a great resource and a font of information and will lend an empathetic ear.

Also, please inform Eileen when you turn 90 (no membership dues!) or when a member is ill or not feeling well, so she can send them a card on behalf of the Club.



### The Senior Freeze Program in New Jersey

This program reimburses eligible senior citizens and disabled persons for property tax increases on their principal residence.

The maximum combined income limit went up significantly, so you may qualify now if you were ineligible in the past. This topic will be discussed at our October 9th meeting, but we suggest you familiarize yourself with it before the meeting.

There are eligibility requirements for each year from the base year through the application year.

Some of the qualifiers are:

- you (or your spouse/civil union partner) were: 65 or older on December 31, 2022, and
- you owned and lived in your home since December 31, 2019, or earlier (and you still owned) and lived in that home on December 31, 2023.

The 2022 property taxes due on your home must have been paid by June 1, 2023, and the 2023 property taxes must be paid by June 1, 2024.

Your total annual income was: in 2022 – \$150,000 or less; and in 2023 – \$163,050 or less.

The program provides relief to residents struggling with property tax payments on their personal homes.

The deadline for applying is October 31.

For specifics about the requirements, go to <https://NJ.gov/treasury/taxation/ptr> or check with your accountant.

### Florham Park Library Second Sunday Events

Performances will be held each month, from 2:00 to 3:00 p.m. in the Akhoury Room. Registration for all events is through the Library's website:

<https://florhamparklib.org>

**September 8, 2024:** The season begins with the renowned speaker, Walter Choroszewski, who will present "Historic Northeast Hurricanes." This promises to be a captivating discussion, with a detailed exploration of the impact and legacy these powerful storms have had on the region.

**October 13, 2024:** The Library welcomes Dr. Matthew Beland, an esteemed archivist from Drew University. Dr. Beland will present "Ghosts at Drew University", a fascinating look into the eerie and mysterious lore that has become a part of the university's history. This lecture is perfect for getting into the Halloween spirit!

Marianne Nucci, who is moving to North Carolina, was honored by her bingo friends last month.



Happy Birthday to Marie Anzalone who turned 108 years young in July. Happy Birthday!



### Barbara Tinari Prayer Shawl Ministry

All are welcome to join with the Holy Family members to knit or crochet shawls and lapghans on Tuesdays. They meet at the Senior Center Craft & Card Room from 9:30 to 11:30 a.m.



**Saturday, October 26th  
10 AM - 3 PM**

A town-wide celebration featuring live musical performances, arts, crafts & vendors. Join us on the Florham Park Gazebo lawn for a day of community, fun, and shopping.

<https://www.fpefnj.org/festival>



**FLORHAM PARK SENIOR CITIZENS PICNIC**



Florham Park Community Center – Rain or Shine  
Wednesday, **September 11, 2024 – 11:30 a.m.**

Food provided by Angelina’s Trattoria - Entertainment by Steve Brozyna

Cost: **\$3.00 per person. Please pay by check only.**

**ALL** Florham Park Senior Citizens are invited to attend. Please complete this form and include a check made payable to **“Florham Park Senior Citizens Club”**.

Once completed, drop it off in the Senior Center or

Send by mail to: **Rosemary Schumacher, 51 Roosevelt Blvd., Florham Park, NJ 07932**

**Please respond by Friday, September 6, 2024**

-----  
**FLORHAM PARK SENIOR CITIZENS PICNIC**

Name: \_\_\_\_\_ Phone No. \_\_\_\_\_ Check No. \_\_\_\_\_

Name: \_\_\_\_\_ Phone No. \_\_\_\_\_ Check No. \_\_\_\_\_

**\* Please check here if you are available to help out at the event \_\_\_\_\_ \***

**Florham Park Seniors Qi Gong Class**

This class is taught by **Anita Pacheco** and is open to all senior citizens of Florham Park who are 62 years old or older.

Qi Gong is a gentle mindful “moving meditation” exercise that releases tension, cultivates energy and a sense of balance.

It’s sometimes called “Chinese Yoga”. Contact **Cheryl Brower (201-919-1607)** with any questions.

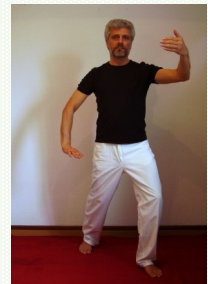
**WHEN:** Fridays from 10:00 a.m. – 10:45 a.m.

**WHERE:** Florham Park Senior Center **BRING:** A bottle of water.

**START & END DATES:** Friday, September 13, 2024 through Friday, January 31, 2025.

**FEE:** \$20 **Please make check payable to “The Florham Park Senior Citizens Club”.**

**HOW:** **Please complete** the form below and return with payment to:  
**Cheryl Brower, 93 Roosevelt Blvd, Florham Park, NJ 07932**



Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone (Home) \_\_\_\_\_ Phone (Cell) \_\_\_\_\_ Do you text? **Yes or No**

Emergency Contact Name: \_\_\_\_\_ Phone # \_\_\_\_\_

I agree not to hold responsible, the Florham Park Senior Citizens Club, its officers and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers; or the Borough of Florham Park, its elected or appointed officers, employees, volunteers, or agents, for any accident or injury sustained by me during the course of this program.

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# HAPPY BIRTHDAY

## SEPTEMBER

Barbara Nevis	9/1
Barbara Chanes	9/8
Nancy Fiore	9/10
Candy Von Brook	9/12
Helen Filler	9/13
Arlene Mittelstadt	9/13
Peter Pelosi	9/14
Rosemary Schumacher	9/14
Rick Vrablik	9/15
Gerry Capanear	9/20
Richard Metro	9/21
Mary Jane Genoese	9/22
Karen Crincoli	9/23
Elizabeth Dennison	9/27
Isabella Scavetta	9/28
James Monahan	9/29
Bob Wilson	9/30

## OCTOBER

Jay Blumenthal	10/1
Loretta Wilson	10/1
Teri Bianco	10/3
Mahesh Desai	10/3
Barbara Rodriques	10/4
Adele Oremus	10/5
Charles Aaron	10/6
Jatin Gajarawala	10/6
Maryann Core	10/11
Maria Inserra	10/11
Jo Passalacqua	10/15
Pat Giuliano	10/16
Michelle Bogart	10/18
Carol Baldino	10/20
Pat Wecht	10/23
Lorraine Benacchio	10/25
Mary Meier	10/25
Ed Duffy	10/26
Maria Weir	10/26
Patricia Moore	10/28
George LaVecchia	10/30

## Italian or Spanish Lessons

Did you ever consider taking beginner lessons in Italian or Spanish?



Help us gauge interest in starting a new program by contacting Pietro Calatroni at (973-868-2473) or at calatronip@gmail.com with your desire to participate.

## Bridge

Currently, seniors play bridge games on Monday afternoons from 1:30 p.m. to 3:30 p.m. at the Senior Center. Please contact Millie Ringer at (973-845-9367) if interested in being a substitute player.

## Music By Steve Brozyna & Rich Bogart



Come listen to them at the Senior Center on Mondays @1:30 p.m.

- September 16th & 30th
- October 21st



**Sunday, September 8th**



## Welcome To New Members

- Teresa Aiello
- Lorraine Benacchio
- Joseph Castellana
- Meiling Chung
- Linda Danforth
- Doris Geskin
- Janice Lombardi
- Josh & Cheryl Rubinfeld
- Frank & Kris Scerbo
- Sondra Schragen
- Debra Swetits

## The Historical Society

Seniors are invited to attend a program, "Presidential Visits to NJ", given by speaker Peter Zablocki. It will be held at the Florham Park Library on Tuesday, October 8th at 7 p.m.

## Generations Of Joy



A celebration of Grandparents will be held on Sunday, September 8, 2024 at the Chatham Library (214 Main Street) from 11 a.m. to 1 p.m. Bring your grandkids and join in on the activities, crafts, snacks, prizes, and fun. You can also make a special gift for your grandkids afar. Visit [chathamlibraryfoundation.org](http://chathamlibraryfoundation.org) for more info or call 973-635-0603.



## ICE CREAM SOCIAL

Come enjoy some ice cream and mark the Grand Re-opening of the Little Red Schoolhouse on September 15th from 12:00 noon to 3:00 p.m. Join the Historic Preservation Commission and the Quasiquicentennial Committee in celebrating the re-opening of Florham Park's beloved historic landmark.

## FP Heavy Item Pickup

Thursday, September 5th is the deadline to register for heavy item pickup in Florham Park. Register online or call 973-410-5330.

## Florham Park Seniors Chair Yoga Class - New

This class is open to senior citizens of Florham Park who are 62 years old or older. Our instructor, **Anita Pacheco**, will guide us through yoga positions while sitting in a chair. This will give you the benefits of yoga by refreshing and renewing body and spirit. Contact **Cheryl Brower (201-919-1607)** with any questions.

**WHEN:** Tuesdays: 3:15 pm - 4:15 pm      **WHERE:** Florham Park Senior Center

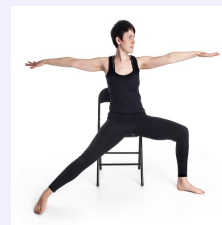
**START & END DATES:** Tuesday, September 17, 2024 through Tuesday, January 28, 2025

**FEE: \$20**      Please make check payable to "Florham Park Senior Citizens Club"

**BRING:** A water bottle.

**HOW:** Complete the form below and return with payment to:

**Cheryl Brower, 93 Roosevelt Boulevard, Florham Park, NJ 07932**



**Name:** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Phone (Home)** \_\_\_\_\_ **Phone (Cell)** \_\_\_\_\_ **Do you text? Yes or No**

**Emergency Contact Person:** \_\_\_\_\_ **Phone #** \_\_\_\_\_

I agree not to hold responsible, the Florham Park Senior Citizens Club, its officers and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers; or the Borough of Florham Park, its elected or appointed officers, employees, volunteers, or agents, for any accident or injury sustained by me during the course of this program.

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Florham Park Seniors Chair Exercise Class

Classes will be taught by **Stephanie Akers** and are open to all Florham Park seniors aged 62 years old or older. Enjoy a lively chair exercise, set to music, while improving your mind and body. Contact **Marie White (973-377-0107)** with questions.

**WHEN:** Mondays: 1:00 p.m. - 1:30 p.m. & Thursdays: 10:00 a.m. - 10:30 a.m.

**WHERE:** Florham Park Community Center

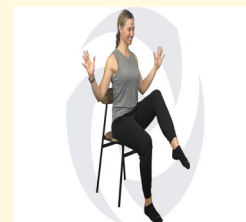
**START & END DATES:** Monday, September 9th, 2024 through Thursday, January 30, 2025

**FEE: \$20**      Please make check payable to "Florham Park Senior Citizens Club"

**BRING:** A water bottle and a long, strong rubber exercise band.

**HOW:** Complete the form below and return with payment to:

**Marie White, 24 Riverside Drive, Florham Park, NJ 07932**



**Name:** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Phone (Home)** \_\_\_\_\_ **Phone (Cell)** \_\_\_\_\_ **Do you text? Yes or No**

**Emergency Contact Person:** \_\_\_\_\_ **Phone #** \_\_\_\_\_

I agree not to hold responsible, the Florham Park Senior Citizens Club, its officers and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers; or the Borough of Florham Park, its elected or appointed officers, employees, volunteers, or agents, for any accident or injury sustained by me during the course of this program.

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_